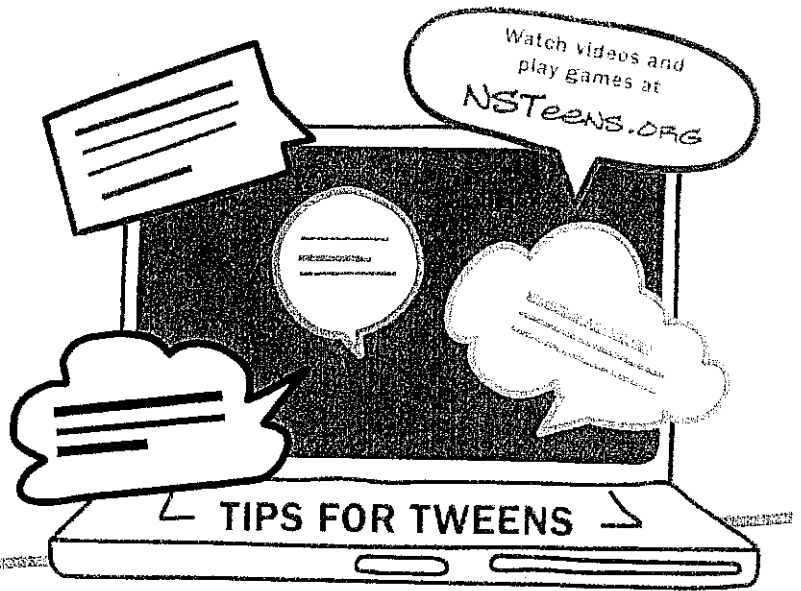


# YOUR NETSMARTZ



## CYBERBULLYING

**Don't be mean.**

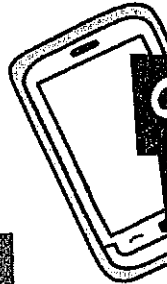
Gossiping doesn't make you cool.

**Ignore. Block. Tell.**

Ignore mean or threatening messages, block the sender, and tell a trusted adult who can help you report them.

**Speak up**

if your friends are cyberbullying someone.



## ONLINE PREDATORS

**Recognize the difference between cute and creepy.**

An older guy who wants to date someone much younger is just creepy.

**Don't just sit there – REPORT**

anyone who asks to meet you in person to the police and [www.cybertipline.com](http://www.cybertipline.com).



## SHARING TOO MUCH

**Avoid TMI.**

Don't post anything too personal or embarrassing.

**Protect your space.**

Use privacy settings and don't accept just anyone as a friend.

**Don't be that kid**

who gets suspended for posting something stupid online.



## TRUSTED ADULTS

**Talk to your parents or guardians**

about what you're doing online. They're not as bad as you think.

# PROTECTING YOUR KIDS ONLINE



## TAKE CHARGE

### Set some ground rules.

Establish basic guidelines like when your kids can go online, what sites they can visit, and how many texts they can send a month, so everyone is on the same page.

### Research before you buy.

Did you know that handheld games can connect to the Internet or that many laptops have built-in webcams? Understand what technology you're bringing into your home.

### Don't just sit there— REPORT!

If your kids are dealing with cyberbullies or potential predators, report them to the website, cell phone service, law enforcement, or [www.cybertipline.com](http://www.cybertipline.com).

## MONITOR

### Supervise Internet use.

If you can see what your kids are doing, they're less likely to get in trouble.

### Safeguards ≠ Safe Kids.

Installing CIA-level monitoring software on your kids' computers does not guarantee they'll be safe online. Technology can't replace your time and attention as a parent or guardian.

### Don't go overboard.

It's smart to keep an eye on your kids' social networking profiles, but it's never cool when you post embarrassing messages or pictures to their page.

## COMMUNICATE

### Talk to your kids; they're not as mysterious as you think.

Your kids might not tell you everything, but that doesn't mean you shouldn't ask. Get involved so you're not the last to know.

### Challenge them to a duel.

If you have kids who like to play video or computer games, ask if you can play, too. When you respect their interests, they're more likely to respect your rules.

### Don't pull the plug.

Taking away your kids' Internet access because they've done something wrong doesn't solve the problem. Talk to them about protecting themselves and respecting others online.

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For more resources visit [NetSmartz.org](http://NetSmartz.org)

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[NetSmartz.org/TipSheets](http://NetSmartz.org/TipSheets)

# PARENTS' GUIDETO SMARTPHONE SAFETY

## SMARTORSCARY?

Smartphones are essentially little computers, so you might be a little worried when handing one over to your child. Take some time to understand the risks and implement a few safeguards so that you can help your child use smartphones safely.



## THE RISKS

## 5 WAYS TO BE SMARTER THAN THE SMARTPHONE!

- **CYBERBULLYING**  
With the constant connectivity of smartphones, your child may be more susceptible to cyberbullying or have more opportunities to cyberbully others.
  - **GEOLOCATION**  
A GPS-enabled smartphone can reveal your child's location through online posts and uploaded photos.
  - **INAPPROPRIATE CONTENT**  
With smartphones, your child has mobile access to content you may consider inappropriate, such as pornography or violent videos.
  - **SEXTING**  
Your child may use the Internet and social apps to send, receive, or forward revealing photos.
  - **VIRUSES & MALWARE**  
Just like a computer, a smartphone is vulnerable to security attacks if your child accesses unsecured websites and apps.
1. **Be a parent and a resource.**  
Establish clear guidelines, including time limits and consequences for inappropriate behavior, but be open so your child will come to you with any problems.
  2. **Set up password protection.**  
This will keep everyone but you and your child from accessing personal information stored on the phone.
  3. **Update the operating system.**  
New versions often contain important security fixes.
  4. **Approve apps before they are downloaded.**  
Make sure you understand their capabilities and approve their content.
  5. **Understand location services.**  
GPS features are useful when using maps, but you'll want to disable location-tagging when your child posts anything online.

For more resources visit [NetSmartz.org/TipSheets](http://NetSmartz.org/TipSheets)

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# NETSMARTZ TECH TIPS

Want to learn how to check your child's browser history, use Facebook's privacy settings or report cyberbullying on Twitter? Check out these websites for information and how-to videos so you can be as tech-savvy as your child.



## INSTRUCTIONAL VIDEOS AND GUIDES

- [www.howcast.com/categories/2-tech](http://www.howcast.com/categories/2-tech)  
Videos include "How to Use Twitter," "How to Use Facebook" and "How to Use an iPhone."
- [www.fosi.org/good-digital-parenting](http://www.fosi.org/good-digital-parenting)  
Information and tips for parents about specific websites and apps.


## WEBSITE HELP CENTERS

- [www.facebook.com/help](http://www.facebook.com/help)  
Learn how to manage your child's account and report problems.
- [support.twitter.com](http://support.twitter.com)  
Find out how to use Twitter and protect your child's privacy.
- <https://support.google.com/youtube>  
Read about YouTube's safety policies and how to report inappropriate content.
- [www.google.com/safetycenter](http://www.google.com/safetycenter)  
Browse through videos and articles for advice on using Google's safety tools and how to manage your family's safety online.
- [help.instagram.com](http://help.instagram.com)  
Learn about the basics of this popular app and get tips for parents.
- <https://support.snapchat.com>  
Understand how to use the app and what to do if your child is using it inappropriately.
- <https://kikinteractive.zendesk.com>  
Read about the app and how to report problems.
- <https://support.skype.com>  
Browse articles about securing your child's account and managing their privacy settings.
- [www.tumblr.com/help](http://www.tumblr.com/help)  
Learn about this blogging platform and how to manage your child's account settings.
- <https://help.pinterest.com>  
Find out how to use Pinterest and secure your child's account.
- [help.meetme.com](http://help.meetme.com)  
Get answers to your questions about controlling who sees your child's profile and how to report problems.
- [help.disney.com/clubpenguin](http://help.disney.com/clubpenguin)  
Read about this popular game's rules and safety features.



Didn't find the answer to your question?  
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